



Te Kura Kaupapa Māori o Wairarapa

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18 o Poutūterangi 2020

Tēnā koutou e te whānau

Our Board of Trustees met last night to discuss what procedures we might need to put in place to help prevent the spread of Covid-19. We also discussed what we will do should there be a confirmed outbreak of the disease in Wairarapa and a need to close our kura. At present we are carefully following Ministry of Health guidelines (a copy of these is attached) and the advice of the Ministry of Education. And, until we are informed otherwise, we are kura as normal.

The Ministry of Health advice is that symptoms are very similar to the common flu and include a cough, wheezing and temperature of 38 degrees. If you or your tamariki are displaying any of these symptoms, then we ask that you err on the side of caution and stay at home until everyone is well again. If you are concerned about yours or your child's health, then you can call a dedicated Healthline on 0800 611 116 for advice.

Please rest assured we are taking every precaution and have implemented increased cleaning procedures around door handles, toilets, taps and hard surfaces; these are being disinfected several times each day. Staff are being vigilant with hand-washing and are encouraging tamariki to do the same. Any students or staff who need to blow their nose are using tissues which are being disposed of into lidded bins – and hands are washed immediately afterwards. We have bottles of hand sanitiser in all rooms for cleaning between hand washes.

If you have any concerns or would like to discuss this in more detail, then please do not hesitate to get in touch with whaea Pip.

Ngā manaakitanga ki runga i a tātou katoa.

Nā whaea Pip māua ko whaea Josie
Tumuaki and Board Chairperson

COVID-19 CORONAVIRUS

How to protect yourself and others

March 2020

What is COVID-19?

COVID-19 is a new illness that can affect your lungs and airways. It's caused by a virus called coronavirus. There are simple steps you can take to protect you and your family/whānau.



Symptoms of COVID-19

The symptoms of COVID-19 are:

- a cough
- a high temperature (at least 38°C)
- shortness of breath.

These symptoms do not necessarily mean you have COVID-19. The symptoms are similar to other illnesses that are much more common, such as cold and flu. However, infections with mild symptoms such as cold-like symptoms or no symptoms are likely, but it's not known how common this is.

How to protect yourself and others

- Cough or sneeze into your elbow or by covering your mouth and nose with tissues.
- Put used tissues in the bin or a bag immediately.
- Wash your hands with soap and water often.
- Try to avoid close contact with people who are unwell.
- Don't touch your eyes, nose or mouth if your hands are not clean.
- Clean and disinfect frequently touched surfaces and objects, such as doorknobs.
- Stay home if you feel unwell and call Healthline on 0800 358 5453.

**Call Healthline 24/7 on 0800 358 5453 if you need to speak to someone.
Visit health.govt.nz/covid-19 for more information.**